

A detailed illustration of a guitar's headstock and neck, positioned vertically on the left side of the image. The headstock is light brown with six silver tuning pegs arranged in three pairs. The neck is dark brown with visible frets and six strings. The background is a solid orange color, decorated with various musical symbols in a lighter orange shade, including treble and bass clefs, eighth notes, and sixteenth notes, some of which are floating around the guitar.

Music and MORE Club



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Introductory Session

Total Time: 60 Minutes

1. Select a Student Volunteer

10 Minutes

- Select a student volunteer for your respective class to assist the teacher.
- The student volunteer will participate in all the club activities and also assist the teacher as and when required.

2. Selection of Club Activities

25 Minutes

- Discuss and select any 10 out of the 12 given activities.
- The Teacher In-Charge can ask students to vote for each activity.
- Students can vote by raising their hands and Teacher In-Charge takes the count.
- Decide which activities you all would like to do first and create a sequence of your selected activities.
- The student volunteer will write the selected activities on an A4 sheet.

3. Activity: Share Your Thoughts!

25 Minutes

- Put up a chart paper on the class board and paste that A4 sheet paper (which has the list of selected activities) at the centre of the chart paper.
- Distribute post-it notes to all the students in the classroom.
- Ask the students to write their thoughts, ideas and feelings related to the 'Music and More' Club on the post-its. For example, a student may write 'Moods' or 'Meditation' or 'Enjoyment' or 'I love Music because it makes me Happy' or 'I enjoy Music' and so on.
- A student will get only one post-it to write.
- Once the students finish writing on the post-it note, they will stick their note on the sides of the chart paper. (Refer to the given image)
- The Teacher In-Charge will then summarize and read the post-it notes.



Charades

Let's Discuss

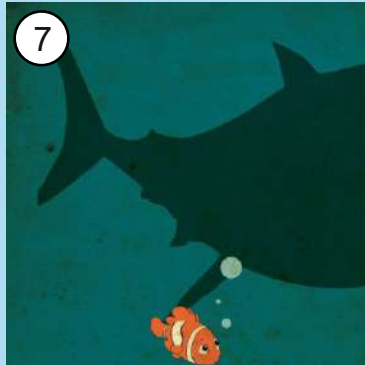
5 MINUTES

- Today we are going to play a game called Charades.

Activity 1: Guess the movie names through pictures

25 MINUTES

- This activity is a group activity and the whole class participates together.
- Some images are given below. You have to guess the movie name from the images.
- Some images contain the movie character, some may contain the storyline, and posters of the movie but all of them are pretty popular and easily guessable.
- Let's see if you can guess them or not.

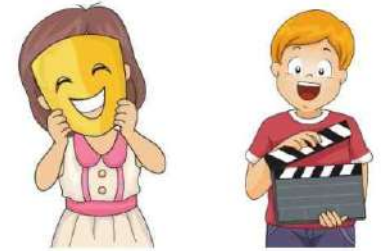


Activity 2: Act-it-Out

30 MINUTES

- This activity is a group activity and the whole class participates together.
- Now each one of you will write down any one name of some well-known songs/ characters (actors and actresses)/movie names/musical instruments on slips of paper. For e.g. guitar, piano, Spider Man, Hritik Roshan and so on.
- Then put them into a container.
- Remember to write names that can be acted out.
- You will have 5 minutes to write and collect all the slips.
- Once done, one by one you will get a chance to act.
- When it's their turn, you will pull out a piece of paper and act out the song/ the character/ the movie name/ the musical instruments written on it.
- Others will guess what it is.
- For e.g. for the song/character category you can do the signature/hook steps.
- You can mention the category before you act.
- Each one will be given 60 seconds to act.

ACT IT OUT



Answers : (Guess the movie names)

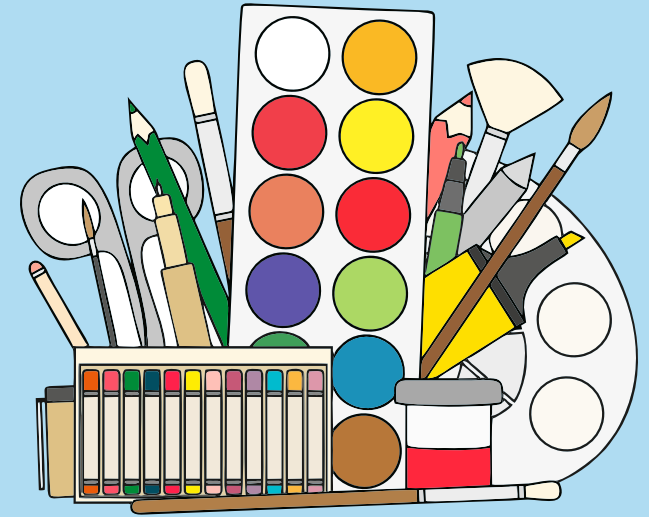
1. Boss Baby
2. Chachi 420
3. Karate Kid
4. Koi Mil gaya
5. Jurassic Park
6. Monster Inc.
7. Finding Nemo
8. Up
9. Bhool Bhulaiya
10. Despicable Me
11. Rockstar
12. Bhaag Milkha Bhaag
13. Ratatouille
14. Wall-E
15. Inside Out
16. The Incredibles

Draw What You Hear

1. Let's Imagine

15 MINUTES

- Ask the students to close their eyes and sit comfortably.
- Let them listen to the audio that is going to be played carefully.
- Play the Audio - Draw What You Hear - Background Sound 1
- Now ask them to open their eyes and answer:
 - What would this music look like if you had to draw it?
 - What could you imagine/think as the audio was being played?
 - What characters or scenes could you see?
 - What colours could you imagine?
 - What type of lines would you draw if you had to when hearing the music?
 - How did you feel hearing the music?
- Sometimes music can help us imagine a feeling or colours or events or scenes.
- It can help us express ourselves through visuals that can be drawn.



Materials Required:

A4 white art sheet
Pencils and erasers
Colours/colour pencils/sketch pens/paint

Draw What You Hear

2. Let's Create

35 MINUTES

- Today we are going to create a piece of art by taking inspiration from music.
- An audio clip will be played for several minutes.
- Keep your drawing material ready before we play the music.
- You can draw and colour what you feel or what you imagine the story is telling them through music.
- Play the Audio - [Draw What You Hear - Background Sound 2](#)

3. Let's Share

10 MINUTES

- Now you will share your music-inspired artwork with your club members.
- Tell them what was your first thought on hearing the audio clip.



Musical Instruments

Materials Required:

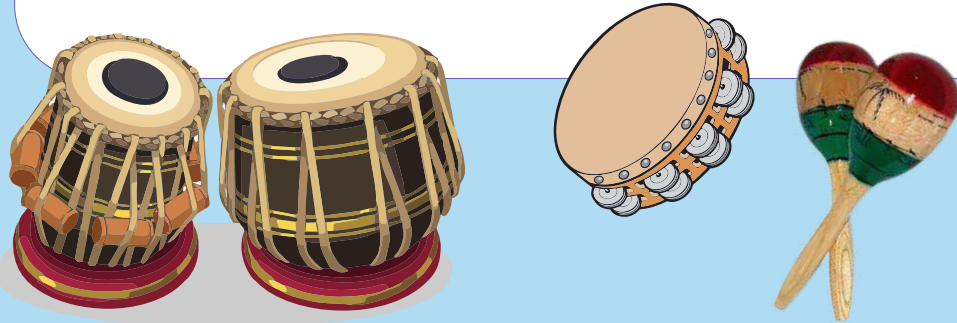


For Dafli

- Two small paper plates (6" or 7")
- Five jingle bells (3/4" or 1")
- Thread
- Colours/colour pencils/ sketch pens/paints
- Paint brush
- Glue
- Decorative materials (stickers, craft foam shapes, sequins, glitter, bindis, etc)

For Macara

- 2 Paper Cups
- 2 Ribbons(Any Colour)
- A Handful of Grains
- Colourful Cellotape
- Glue



Musical Instruments

1. Let's Know and Understand

10 MINUTES

- Music is part of each and every culture in the world.
- Music has been performed since the dawn of human time with instruments and through vocal songs.
- Instruments were created to make musical sounds.
- Any object that produces sound can be considered a musical instrument, most particularly, if it was designed for that purpose.
- Today we will look at the various instruments from different parts of the world including India.
- Play the Video - [Musical Instruments - Different Instruments around the world](#)
- Ask them which was your favorite instrument and from which part of the world?
- As we know, India is rich in its music and musical instruments.
- Many traditional Indian musical instruments are hundreds or even thousands of years old.
- Let's play a Video to understand this better.
- Play Video - [Musical Instruments - Classification to learn about different types of Indian musical instruments](#)

2. Let's Make

50 MINUTES

Today we are going to make musical instruments. Gather all your materials and keep them ready.

For Dafli

- Cut 1 inch long 5 threads.
- Thread one bell in each thread.
- Take a paper plate and stick the bells with the thread at an equal distance from each other so the bells pop out.
- Now stick the other paper plate on top of the paper plate with the bell.
- Paint and decorate your dafli with Indian prints and decorative materials.
- Refer to the picture of Dafli given.



For Macaras:

- Firstly, decorate the two paper cups with ribbons as you like.
- Then, insert the ribbons in both paper cups by making holes in the base.
- Next, put the handful of grains in one of the cups and join the cups from the rim(one cup on the other upside down).
- Refer to the Video - [Musical Instruments - Making Macaras](#)
- Seal them together using glue and cello tape.
- You may decorate the Macaras further if you like with paints.



Musical Masterpiece

Let's Listen - Activity 1

20 MINUTES

Today we will relate music tempo with drawing patterns. Fast Music leads to a different pattern compared to slow music.

We shall understand this on the basis of activity.

- Activity I:
 - Fold the paper into 6 equal squares to illustrate drawing patterns for 6 music audio clips.
 - Keep your paints/ colour pencils/crayons/sketch pens ready.
 - Sit comfortably, preferably upright with your eyes closed.
 - 6 music audio clips will be played one after another, with a pause in between in the same resource. There is a bell sound in between the change of music. You will change the box once you listen to the bell sound and start drawing in the next box.
 - Start painting the first square on the sheet as to what the music inspires you, and continue doing so for the 6 music audio clips.
 - Your hand should move according to the rhythm/tempo/beat of the music. All 6 squares can have different patterns like big or small circles, long or short waves, lines, etc. as per the rhythm/tempo/beat of the music.
 - Play the Audio - Musical Masterpiece I.
- Closing :The students can share the painting with the class. They can also cut the painted squares apart and display each genre together to illustrate the differences.

Materials Required:

A4 size paper (2 sheets for each student), Crayons/Colour pencils/Sketch Pens



Let's Listen & Create - Activity 2

40 MINUTES

The second activity is a group activity. The class will be divided into small groups, each group will have 4 students.

- Activity 2:
 - Sit comfortably, preferably upright with your eyes closed.
 - Each student will have an A4 size blank sheet and any 1 colour pencil or crayon or a sketch pen. (Example student 1 - red colour, student 2- green colour, student 3- yellow and student 4-blue. Please note the colour crayon with the student will remain constant.)
 - Students will draw with one colour on their respective sheet of paper for 1 minute.
 - Once the music stops each student will pass the paper to the next student in the group.
 - Students will add to the same drawing for one minute on the passed sheet and pass it as the music stops. (For example, if student 1 draws a scenery, student 2 will continue to add on the scenery drawing, and similarly, students 3 & 4 will follow.)
 - They will follow the same process till they receive back their sheet.
 - Once they receive their sheet they will complete the drawing if it is incomplete.
 - Play the Audio - Musical Masterpiece 2
- Closing: The students can discuss what they wanted to draw and was the group able to draw while listening to the music.

The Power of Music

1. Let's Watch

20 MINUTES

- Research has shown that learning music can help us perform better academically and enhance our memory. Let's watch a video to understand this.
- Play Video - The Power of Music - Why is Music important?
- Music can help convey the emotion in a scene of a movie/series better and hence creates a remarkable impact on the audience. Let's understand this through a video.
- Play Video - The Power of Music - How music affects films
- Here in the above clip we saw the emotional impact music creates when different music is played of varied emotions in the background of the same scene. Let us understand this better through an activity.

2. Let's Create

40 MINUTES

- Listening to a music piece can help us identify the emotion of a person. Let us find out the emotion in the given video for each piece. Play Video - The Power of Music - Music and Emotions
- Music also helps you relate to certain experiences connecting emotions you feel. For example - The music of the song Chak De India/IPL makes you feel proud and you think about a recent achievement in school/sports.

Music and Emotion:

- There are a few instrumental music audios provided that have different emotions and feelings in the given audio.
- Please play and listen to music I, pause, and allow the students to identify the emotions they feel when they hear the music. Then ask the students to relate the emotion with a recent experience that made them feel the same emotion. Similarly, continue with the other three music pieces.

Sounds Around Us

1. Let's Understand

10 MINUTES

- Let me ask you a question - What is Sound?
- Let us understand Sound in this video.
- Play the Video - Sounds Around Us - What is Sound?
- Yes. Sound is a vibration and can be found everywhere around us.

2. Let's Find

50 MINUTES

- Now we will go on a sound scavenger hunt in your surroundings.
- You will listen to each and every sound you hear around you.
- It could be the chirping of birds or someone talking, the moving of a vehicle, the honking of a car, and so on.
- You will notice it and write/doodle/draw the sounds you hear.



Nature scavenger hunt SOUNDS



WATER



BIRDS



WIND BLOWING



TREES CREAKING



ANIMALS



LEAVES RUSTLING



TWIGS UNDERFOOT



INSECTS



A ROAD NEARBY

Rap Song

1. Let's Know & Understand

15 MINUTES

- Have you seen or heard about the movie 'Gully Boy'?
- What is the movie about?
- The movie Gully Boy is a movie related to rap culture, rap songs, and rap singers.
- Do you know what Rap music is?
- Have you heard anything about Rap singers or songs?
- Let's watch a video to understand the origin of rap music.
- Play the Video - Rap Song - The Story of Rap
- Now that we have understood the origin of Rap.
- Let's look at some examples of Rap songs.
- Play the Video - Rap Song - Lockdown Rap Song
- Play the Video - Rap Song - Climate Crisis Rap Song
- Do you get any message from the Rap song? What is the message?

2. Let's Create

30 MINUTES

- You will form groups of 4's
- Each group will discuss a theme/message for the Rap song that they want to cater to.
- Then you will begin writing your Rap song.
- Remember to add meaningful rhymes and use appropriate language for your Rap song.
- Then groups can find clap or stomp their feet.
- Practise performing your Rap songs.
- Make sure your message/theme is clear in your Rap song.

3. Let's Share

15 MINUTES

Each group will come one by one and perform their Rap song.



Making Wind Chimes

1. Listen

10 MINUTES

- Let us learn something interesting today about music.
- Have you seen Wind Chimes?
- How many of you have Wind Chimes at home?
- Let us listen more about Wind Chimes.
- Play the Video - [Making Wind Chimes - Wind Chimes](#)

2. Let's Make

50 MINUTES

This activity is a group activity.

There are three variations given for making a Wind Chime. Make anyone of them.

The Teacher-in-Charge can choose any one of the given variations.

I. Wind Chime made out of Cloth Hanger

Materials Required: A cloth hanger, Colourful Beads, string, and decorative things.

How to make:

- Make strings by using beads as shown in the picture.
- Tie the bead strings on the hanger making sure that they are close enough to each other.
- Gift, hang, enjoy!



Making Wind Chimes

2. Wind Chime made out of Keys

Materials Required: At least 5 old keys, a piece of stick, string, and acrylic paint

How to make:

- Paint your keys and stick and allow it to dry.
- Tie a piece of string to either end of the stick so that you have a way to hang it.
- Tie a piece of string to each key.
- Tie the keys to the stick making sure that they are close enough to each other
- Gift, hang, and enjoy!



3. Plastic Bottle Wind Chime

Materials Required: Plastic bottles, Woollen, Buttons, Fabric Glue, Scissors

How to make:

- Paint and Cut the bottle as shown in the image and make holes on the edge to tie the string.
- With the remaining part of the bottle cut ring-like circles.
- Make strings by using beads/buttons as shown in the picture.
- Tie the strings on the edge of the bottle and make sure that they are close enough to each other.
- Gift, Hang, Enjoy!!



Body Percussion

1. Body Percussion

15 MINUTES

- Body Percussion is making Music/sound using body movements. We create a rhythm using body percussions.
- Let us learn this better through a Video.
 - Play the Video - [Body Percussion 1](#)
 - Play the Video - [Body Percussion 2](#)

2. Make your own Music

45 MINUTES

- The class will be divided into small groups.
- The activity can be conducted by Teacher-in-charge.
- Each group will create a body percussion sequence as shown by the boys in the Video - Body Percussion 2.

Closing: As a class, discuss how you felt while doing the activity. Would you all like to do this kind of activity in the school assembly or program?

Body Percussion



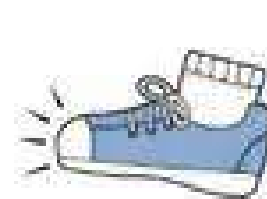
Clap



Snap



Pat



Stomp

Music Bands

1. Let's Watch!

10 MINUTES

- Can you think of some famous Bands?
- Let us watch a video performance of a Band.
- Play the Video - Music Bands - Live 100 music Band
- A group of people(Boys and Girls)come together and create music and songs. This is called a Band.



2. Let's Jam Up!

50 MINUTES

- You will form 4-5 groups in the class. (Maximum 6-7 students in one group)
- Groups will come up with a performance like a band.
- The Band has to have a name, and a purpose behind your performance(A lot of Bands play for a certain cause, social awareness, climate change, For upliftment in mental health issues, inspiration, and so on)
- Choose the song suitable to your purpose.
- You may include singing, making a medley, body percussions, and other objects available around you. Students comfortable with instruments can use them if available on the school premises.
- Band Music is essentially about collaborative music-making and hence this activity will lead us to enhanced collaboration skills.

Music and Dance

1. Let's Know

15 MINUTES

- India is known for its rich cultural heritage.
- Indian dances are one of the most admired identities of our culture.
- In India, dance forms can be broadly classified into 2 categories- classical and folk dance forms.
- These dance forms have originated from different parts of India as per the local tradition.
- The classical dance form originated from the Natya Shastra. Folk dance, on the other hand, emerged from the local tradition of the respective state, ethnic, or geographic region.
- Folk dances are usually performed during the respective community's celebration- childbirth, festivals, weddings, etc
- Let's look at the most famous classical and folk dances of India through a video.
- Play the Video - [Music and Dance - Classical & Folk Dances of India](#)
- Now that we know about the different types of dances of India.
- You should also notice their costumes, the type of music that is being played for each dance, the musical instruments that are being used, the reasons to perform the dance, and so on.
- The reason we need to understand these dance forms is that they bring the roots of diverse music in our country. Classical music used to be played only in royal households for entertainment purposes whereas folk music was made by the people, and performed largely in festivals.

2. Let's Learn

45 MINUTES

- Today you are going to learn the dance steps and perform Indian classical and folk dances.
- Dance tutorials are provided. Play the video one by one (twice each video) to learn and practice the steps.
- Make sure you have enough space to dance.
- Remember to enjoy the dances.
- Play the Video Resources - [Music and Dance - Indian Dance Tutorial 1](#)
 - [Music and Dance - Indian Dance Tutorial 2](#)
 - [Music and Dance - Indian Dance Tutorial 3](#)
- You can practice the same at home or learn more Indian dance forms.



Talent Show

Prior Preparation

- Each club member will prepare a 1-2 minute musical performance to be showcased in the class.
- The members need to carry the required materials for their performance.
- The teacher-in-charge will record the club members' performances and share them on the school's Facebook page.
- Club members can choose to perform any one of the below given activities or something related to music.
 - Play a musical instrument
 - Perform a dance/ Perform a group dance
 - Beat box
 - Mimic the sound of birds/animals/all your surroundings
 - Whistle a tune or hum a song
 - Rap
 - Recite a melodic poem
 - Sing
 - Play music using random objects individually/in a group
- (The teacher-in charge needs to inform the club members about the talent show prior to the session. Parents can help the students prepare for the talent show.)

Let's Perform

60 MINUTES

- Today we are going to perform and showcase our musical talent.
- Each club member will be given 1-2 minutes to perform.
- So put your hands together and welcome our first performer because it is showtime!!

TALENT SHOW

